

# Voice and Body



## MOLIK\_PARENTE

Workshop by Jorge PARENTE

February-March 2024 | 26<sup>th</sup>- 01<sup>st</sup> | 12:30pm – 05:30pm

For actors, singers, dancers, musicians and for everyone who expresses a desire to sing

“**Voice and Body**” is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called “Body alphabet” working on the connexions between body, breathing and voice in the creative process.

**Zygmunt Molik** was co-founder of the Laboratorium Teatr of Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. As pupil and then as assistant he studied over 18 years with Zygmunt Molik.

Supported by the Grotowski Institute since 2011, he transmits “Voice and Body” in France and abroad.

Location : Cîrqu'enflex : Burgweg 15, 4058 Basel CH

Cost : 450 euros

Inscriptions : Céline Tschachtli : [voiceandbodyschweiz@gmail.com](mailto:voiceandbodyschweiz@gmail.com)

More informations : [www.jorgeparente.com](http://www.jorgeparente.com)