

# Voice and Body

Workshop by Jorge PARENTE

*assisted by Zoé OGERET*



Piotr Nykoski

February 2019 | 18<sup>th</sup> - 22<sup>nd</sup> | 1:30pm – 6:30pm

**For actors, singers, dancers, musicians and for everyone who expresses a desire to sing**

“**Voice and Body**” is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called “Body alphabet” working on the connexions between body, breathing and voice in the creative process.

**Zygmunt Molik** was co-founder of the Laboratorium Teatr of Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 20 years with Zygmunt Molik.

Supported by the Grotowski Institute since 2011, he transmits “Voice and Body” in France and abroad.

**Zoé Ogeret** Jorge’s assistant, also studied with Zygmunt Molik.

**Location:** La Guillotine : 24 rue Robespierre, 93100 Montreuil | Métro Robespierre (n°9)

**Cost :** 375 euros

**Inscriptions:** Please send a picture and a short bio to [zoe.ogeret@gmail.com](mailto:zoe.ogeret@gmail.com)

**More informations :** [www.jorgeparente.com](http://www.jorgeparente.com)

**Voice and Body**  
MOLIK\_PARENTE

Guillot<sup>la</sup>ne