## **Voice and Body**

## **MOLIK\_PARENTE**

Workshop by Jorge PARENTE

assisted by Zoé OGERET



Tobias Papuczys

## October 2019 | 14<sup>th</sup>- 18<sup>th</sup> | 01:30pm - 06:30pm

For actors, singers, dancers, musicians and for everyone who expresses a desire to sing

**"Voice and Body"** is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called "Body alphabet" working on the connexions between body, breathing and voice in the creative process.

**Zygmunt Molik** was co-founder of the Laboratorium Teatr of Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 20 years with Zygmunt Molik.

Supported by the Grotowski Institute since 2011, he transmits "Voice and Body" in France and abroad. **Zoé Ogeret** Jorge's assistant, also studied with Zygmunt Molik.

Location: La Guillotine : 24 rue Robespierre, 93100 Montreuil | Métro Robespierre (n°9) Cost : 375 euros Inscriptions: Please send a picture and a short bio to zoe.ogeret@gmail.com

More informations : www.jorgeparente.com

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