**Voice and Body** 

## Workshop by Jorge PARENTE

assisted by Zoé OGERET



Karol Jarek

## February 2019 | 11<sup>st</sup>- 15<sup>th</sup> | 12:30 - 17:30

## For actors, singers, dancers, musicians and for everyone who expresses a desire to sing

**"Voice and Body"** is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called "Body alphabet" working on the connexions between body, breathing and voice in the creative process.

**Zygmunt Molik** was co-founder of the Laboratorium Teatr of Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 20 years with Zygmunt Molik.

Supported by the Grotowski Institute since 2011, he transmits "Voice and Body" in France and abroad. **Zoé Ogeret** Jorge's assistant, also studied with Zygmunt Molik.

Location : St Etienne | la Fab-ka, au 127 rue de la Richelandière, 42100

Inscriptions: Please contact zoe.ogeret@gmail.com

More informations : www.jorgeparente.com



