## **Voice and Body**

## **Workshop by Jorge PARENTE**

assisted by Zoé OGERET



Karol Jarek

November 2018 | 19<sup>th</sup>- 23<sup>th</sup> | 10:00am - 14:00pm

For actors, singers, dancers, musicians and for everyone who expresses a desire to sing

"Voice and Body" is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called "Body alphabet" working on the connexions between body, breathing and voice in the creative process.

Zygmunt Molik was co-founder of the Laboratorium Teatr of Jerzy Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 18 years with Zygmunt Molik. Supported by the Grotowski Institute since 2011, he transmits "Voice and Body" in France and abroad.

**Zoé Ogeret** Jorge's assistant, also studied with Zygmunt Molik.

Location: : Lisboa | Estudios Pro. Dança | Rua de São Domingos à Lapa n°8 (Esta perto du Museu

National de Arte Antiga)

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MOLIK PARENTE