## **Voice and Body**

## **Workshop by Jorge PARENTE**

assisted by Zoé OGERET



Tobiasz Papuczys

October 2019 | 07<sup>th</sup>- 11<sup>st</sup> | 10:00am - 14:00pm

For actors, singers, dancers, musicians and for everyone who expresses a desire to sing

"Voice and Body" is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called "Body alphabet" working on the connexions between body, breathing and voice in the creative process.

Zygmunt Molik was co-founder of the Laboratorium Teatr of Jerzy Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 18 years with Zygmunt Molik. Supported by the Grotowski Institute since 2011, he transmits "Voice and Body" in France and abroad.

**Zoé Ogeret** Jorge's assistant, also studied with Zygmunt Molik.

Location: : Lisboa | Estudios Pro.Dança | Rua de São Domingos à Lapa n°8 (Esta perto du Museu

National de Arte Antiga)

Inscriptions: Please contact filiparhora@gmail.com +351 96 9291161

More informations: www.jorgeparente.com

Voice and Body

MOLIK\_PARENTE