

# Voice and Body

Workshop by Jorge PARENTE

*assisted by Antonio Dente*



Tobias Papuczys

March 2022 | 21<sup>st</sup>- 25<sup>th</sup> | 12:30 – 17:30

**For actors, singers, dancers, musicians  
and for everyone who expresses a desire to sing**

“Voice and Body” is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called “Body alphabet” working on the connexions between body, breathing and voice in the creative process.

**Zygmunt Molik** was co-founder of the Laboratorium Teatr of Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 20 years with Zygmunt Molik.

Supported by the Grotowski Institute since 2011, he transmits “Voice and Body” in France and abroad.

**Location** : St Etienne | **la Fab-ka**, au 127 rue de la Richelandière, 42100

**Fee** : 380 euros

**Inscriptions**: Please contact [zoe.ogeret@gmail.com](mailto:zoe.ogeret@gmail.com)

**More informations** : [www.jorgeparente.com](http://www.jorgeparente.com)

**Voice and Body**  
MOLIK\_PARENTE

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