

# Voice and Body

Workshop by Jorge PARENTE

*assisted by Zoé OGERET*



Tobiasz Papuczys

March 2020 | 09<sup>th</sup> - 13<sup>rd</sup> | 10:00am – 14:00pm

**For actors, singers, dancers, musicians  
and for everyone who expresses a desire to sing**

“**Voice and Body**” is a method developed by Zygmunt Molik inviting each participant to individual and collective, corporal and vocal explorations. It is founded on a series of actions called “Body alphabet” working on the connexions between body, breathing and voice in the creative process.

**Zygmunt Molik** was co-founder of the Laboratorium Teatr of Jerzy Grotowski. He was one of the main actors and was in charge of vocal training.

**Jorge Parente** is an actor, theatre director and teaching specialist. He regularly studied over 18 years with Zygmunt Molik. Supported by the Grotowski Institute since 2011, he transmits “Voice and Body” in France and abroad.

**Zoé Ogeret** Jorge’s assistant, also studied with Zygmunt Molik.

**Location** : Lisboa | Estudios Pro.Dança | Rua de São Domingos à Lapa n°8  
(Esta perto do Museu Nacional de Arte Antiga)

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**More informations** : [www.jorgeparente.com](http://www.jorgeparente.com)

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MOLIK\_PARENTE